



1st Porthill Scouts

Annual Camp

Coniston

26/8/00 - 2/9/00



Summer Camp 2000

<u>Map Reference:</u>	O.S. Outdoor Leisure Map no. 7. Grid reference - 315000
<u>Address:</u>	High Yewdale Farm, Coniston, Cumbria, LA21 8DF Grid reference - 315997
<u>Cost:</u>	The cost of the camp is to be £100. Please note that your son / daughter cannot go to the camp without the permission to camp form filled in & signed.
<u>Packing:</u>	The Scouts / Venture Scouts are to be at the hall at 7.00 pm on the Friday evening to drop off their packed rucsacs. Please keep sleeping bags and sleeping mats / camp beds separate (no actual beds please!).
<u>Departure:</u>	The scouts need to arrive at the hall for 10.30. They will need to bring with them a small rucsac with a packed lunch and a drink. The Scouts / Venture Scouts MUST come wearing their Scout / Venture Scout shirts and neckerchiefs.
<u>Emergencies:</u>	EVERY EFFORT WILL BE MADE TO CONTACT PARENTS IN THE UNLIKELY EVENT OF AN EMERGENCY. SHOULD IT BE REQUIRED, THE SCOUT LEADERS WILL TAKE THE NECESSARY ACTION ON THE ADVICE OF MEDICAL AUTHORITY. Should you need to contact your son / daughter <u>IN AN EMERGENCY</u> , please ring Sharon Hickton on the number below, who will be able to contact us.
<u>Emergency Contact Number:</u>	Sharon Hickton - tel. [REDACTED]
<u>Return:</u>	We will return home on Saturday afternoon. We will drop each Scout / Venture Scout off at home off at some point in the afternoon. If there will be any problems with arrival times, please let one of the leaders know.
<u>Leaders On Camp:</u>	Nick Wood - Scout Leader Gareth O'Donnell - Assistant Scout Leader Mark Oliver - Assistant Scout Leader Wayne Foster - Venture Leader
<u>Programme:</u>	Attached is the camp programme, although this will be influenced by the weather.

Programme

Saturday	Travel to Coniston and set up camp. Find your way in Coniston - evening.
Each day	7.30 am cooks up. 8.00 am camp up. 8.30 am breakfast. 9.30 am flag break and inspection. 10.00 am the day's activity - see below 5.30 pm prepare tea. 6.00 pm tea. 7.00 pm games & activities. 10.30 pm supper. 11.00 pm bed.
Sunday	On camp. Set up runway, rope bridge, volley ball courts etc. Scouts to make mug trees and plate racks.
Monday	Hike.
Tuesday	Day on camp.
Wednesday	Morning - Kendal Leisure Centre. Afternoon - Kendal. Evening - cinema.
Thursday	Hike.
Friday	Ambleside BBQ - evening.
Saturday	Pack up and come home.

Kit List

Sleeping bag
Carry mat, lilo or camp bed
Coat
Jeans
T - shirts
Sweatshirts
Underwear
Socks
Trainers
Swimming shorts
Towels (hand & bath)

Old trainers (for walking in the river)
Day sack
Hiking boots
Waterproofs
Lightweights or walking trousers
Plate, bowl & mug
Knife, fork & spoon
Pen knife
Torch + spare batteries
Bin bags
Wash kit
Tea towel (x2)

Hiking Kit List (Extra To Above)

Water container (at least 0.5L)
Warm coat
Waterproof coat (not just showerproof)
Waterproof trousers (if possible)
Warm hat (to cover your ears)

Warm gloves
You should be wearing at least a T-shirt,
some kind of jumper or fleece and walking
trousers.

Camp Bank

All costs incurred over the week are included in the £100 camp fees. However, the Scouts will want some spending money for the week, around £20 - £25 will be sufficient. Mark will run a camp bank to keep money safe. All spending money **MUST** be deposited in the camp bank. Money will be able to be drawn out on a daily basis.

Please let any of the leaders know if your son / daughter gets travel sick.

Permission To Camp Form

I give my permission for my son / daughter _____
to attend the Coniston camp from 26/8/00 - 2/9/00. I give my permission for the Scout
leaders to take the necessary action based on expert advice in the event of an emergency.
Whilst every reasonable care within their control will be taken, the Scout leaders will not
be liable for any injury to person or property of any Scout / Venture Scout caused by the
negligence of that Scout / Venture Scout, or for Scouts / Venture Scouts absenting
themselves from group or camp without permission. While activities will be supervised,
Scout leaders will not be liable for injury or damage caused by misuse of equipment or
Scouts' / Venture Scouts' failure to follow instructions.

Signed _____ Parent / Guardian Date _____

Please complete the following -

Contact Name, Address & Phone No. - 	Doctor's Name, Address & Phone No. -
N.H.S. Number - 	Please list any allergies, health problems or medication being taken -

Menu

	Breakfast	Lunch	Tea	Supper
Saturday	-	Packed lunch	Fish & chips	Cake
Sunday	Cereal Bacon, egg & oatcakes	Hot dogs Fruit	Stewed steak Vegetables Cake	Bread & jam
Monday	Cereal Scrambled egg on toast	Packed lunch	Sweet and sour lemon chicken Fruit	Toast
Tuesday	Cereal Bacon & egg	Salad	Stew Rice pudding	Soup
Wednesday	Cereal Boiled egg	Packed lunch	Curry Yoghurt	Cake
Thursday	Cereal Sausage & beans	Packed lunch	Corned beef hash Fresh fruit salad	Toast
Friday	Cereal Scrambled egg on toast	Packed lunch	BBQ	BBQ
Saturday	Cumbria delight	Packed lunch	-	-

Please Note -

If your son / daughter has an allergy to any types of food, please let one of the leaders know prior to the camp.

The above menu is subject to the camp programme and is flexible.

